



# Happy Tails

Ethical Dog Training, Canine Behaviour Consultations

& Applied Herbal Choices

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## APPLE AND CINNAMON TREATS

### INGREDIENTS

240g oat flour  
80g rolled oats  
1 egg  
5 eating apples  
Pinch of cinnamon



### METHOD

Preheat the oven to 175 °C, 350 °F or Gas 4. Line a tray with greaseproof paper.

Beat the egg.

Peel and dice the apples, place them in a saucepan and add half a cup of water. **Take care to remove all the pips, as they can be dangerous for dogs.** Stew the apples until very soft to make an apple sauce.

Mix the apple sauce, oat flour, oats and cinnamon in a bowl, pour about half the beaten egg over the mixture.

Stir into a dough with a wooden spoon.

Cut the dough into shapes or roll into small golf ball sized pieces and flatten them.

Place on a baking tray, brush with the remaining egg and bake for 25-30 minutes in a medium hot oven. They should be quite hard and lightly browned on top when they are done.

Remove from oven and allow to cool.

The recipe from page 21 of Dog Trust's Wag Magazine Autumn 2016 issue

