



# Happy Tails

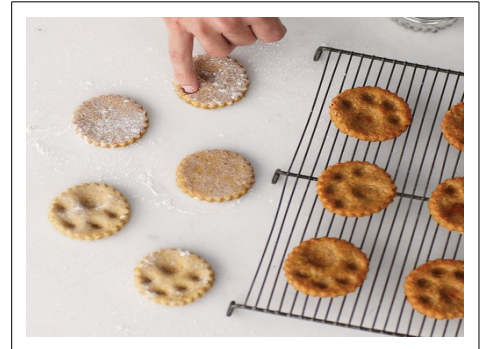
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## TAILWAGGING TURKEY CRUNCHMELT TREATS

### INGREDIENTS

230g turkey mince  
115g brown rice  
1 small parsnip  
1 carrot  
Small amount of cooking oil for baking tray



### METHOD

Boil the brown rice, drain and leave to cool.

Fry the turkey mince for a few minutes until cooked.

Finally grate a small parsnip.

Chop carrot.

Blend all of the ingredients together in a food processor.

Using wet hands roll the mixture into balls about the size of a 50 pence piece.

Line a baking tray with baking foil that has been very slightly oiled.

Place treats on the tray but not touching each other.

Bake for about 45 minutes in centre of oven at 180 °C, 350 °F or Gas 4.

The treats are ready when they are golden brown and crispy on the outside and soft inside.

Remove from oven and allow to cool.

The recipe from page 14 of Dog Trust's Wag Magazine Autumn 2015 issue

